



# St Joseph's Church

## Wealdstone and Harrow Weald

Served by the Society of the Divine Saviour – The Salvatorians

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Salvatorian Trustees Registered Charity No 231410



**First Sunday of Lent**

**5th March 2017**

### Man does not live on bread alone

#### Mass Times

<b>4th</b>	<b>Sat</b>	<b>Lent Feria</b>
	10.00	
	10.30	Confessions
	18.00	Vigil Mass with Hymns
<b>5th</b>	<b>Sun</b>	<b>First Sunday of Lent</b>
	08.15	
	09.30	Folk Music & Little Church
	11.00	Solemn Mass
	12.30	With Hymns
	17.00	Stations of the Cross
	18.00	
<b>6th</b>	<b>Mon</b>	<b>Lent Feria</b>
	07.30	
	10.00	Funeral
<b>7th</b>	<b>Tue</b>	<b>Lent Feria</b>
	07.30	
	10.00	
<b>8th</b>	<b>Wed</b>	<b>Lent Feria</b>
	07.30	
	10.00	
<b>9th</b>	<b>Thu</b>	<b>Lent Feria</b>
	07.30	
	10.00	
<b>10th</b>	<b>Fri</b>	<b>Lent Feria</b>
	07.30	
	10.00	
<b>11th</b>	<b>Sat</b>	<b>Lent Feria</b>
	10.00	Mass with Sacrament of the Sick
	10.30	Confessions
	18.00	Vigil Mass with Hymns
	19.00	Confessions & Exposition with Benediction
<b>12th</b>	<b>Sun</b>	<b>Second Sunday of Lent</b>
	08.15	
	09.30	Folk Music & Little Church
	11.00	Solemn Mass
	12.30	With Hymns
	17.00	Stations of the Cross
	18.00	



*The Temptation of Christ*

#### Lent

It's that time of year again when we think of giving up a few things such as sweets, alcohol or snacks for Lent. Often these promises to ourselves don't last more than a few days, nevertheless there are a good number of people who do stick it out and feel a sense of achievement as a result.

One of our priests gave up smoking every year on Ash Wednesday and then started smoking again on Easter Sunday. It was a puzzle to me why he didn't give up smoking altogether but as he said once, 'I just like it!'

Giving things up or undertaking something extra for Lent is good, especially if we do it for a religious purpose. In my view slimming doesn't count as it is an end in itself. But making a sacrifice in solidarity with Christ's suffering is something truly worthwhile.

I would suggest, however, being a bit more imaginative rather than doing obvious things like stopping taking sugar in tea. How about going to early morning mass a couple of days a week or doing something constructive for the poor. Perhaps giving a bit of time serving in a Charity shop or helping children with their reading at the local primary school. These are more positive things that would help others as well as satisfying our religious motives. Often such things can lead us to make longer term sacrifices for the sake of others.

I often go to Romania for my holidays and I have noticed that the Orthodox Church there takes fasting in Lent and Advent very seriously indeed. In the restaurants there is always a fasting section on the menu which offers vegetarian food and simple options for those who are fasting. Fasting has many benefits and should certainly be considered during Lent as it is a useful recognition of Christ's forty days in the desert.

I urge you to make a sacrifice during Lent but I also invite you to be a bit more imaginative and suggest that you try something new and more creative this Lent.

*Father Alex*

#### Confessions:

Saturday 10.30-11.00 & 19.00-19.30, First Friday 18.15-18.45

**Adoration & Benediction:** Saturday 19.00-19.30

**Baptisms:** Sunday 15.00 (By appointment)

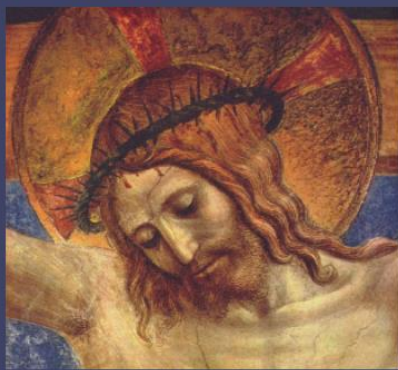
**Form Signing:** Mon & Weds 18.00-19.00 Term time only

**Rosary:** Tuesday & Thursday at 18.45.

Intention for March: To keep and teach the children the 10 Commandments.

**Sunday Readings:** Year A      **Weekday Readings:** Year 1  
**Cycle of Prayer:** Lent

Candidates for the Sacraments, The Needy and Hungry of the World, Women, Penitents and Wanderers



Westminster Cathedral Choir  
Conductor - Martin Baker

Allegri's  
**Miserere**

Fantasia on a Theme by Thomas Tallis - Vaughan Williams  
Seven Last Words from the Cross - James MacMillan

Wednesday 29 March 2017 7.30pm

TICKETS NOW ON SALE

[www.ticketmaster.co.uk](http://www.ticketmaster.co.uk) | 0844 844 0444 | Cathedral Gift Shop | £35 £25 £15

**There is no such thing as teaching  
—only learning**

**Easter Duties**

The faithful are required by Canon Law to receive the Eucharist at least once a year and that this precept should be fulfilled during the Easter Season. It is presumed that Catholics would ordinarily go to confession in preparation for receiving Holy Communion.

**Scripture Study Group**

Meets after the 10.00 Mass every Friday in the Catechist's Office to study the Gospel of the following Sunday.

**Little Church**

Little Church and Tiny Church take place during the 9.30 mass on Sundays. Please ensure children are accompanied.

**Lent Extra & Walk with Me**

For guided reading through Lent, available at the back of the Church. Both booklets cost £1.00 each.

**Reflections with Sister Avril OP**

On Tuesday 28th March after the 10.00 Mass in the hut. Sister Avril will lead a reflection on the 'Stations of the Cross with Pope Francis'. All most welcome.

**Marriage in 2017**

If you are considering getting married in 2017 please contact Father Alex as soon as possible so that the preparation process can be started in good time.

**HCPT Group 144 - Sponsored walk**

Five members of the parish are doing the annual sponsored walk around Gunnersbury Park for North-West London Group 144 of HCPT - The Pilgrimage Trust this Sunday. One is the group leader, James Teague, and the others are helpers. They will be taking ten disabled children to Lourdes the week after Easter, and the children's costs are covered by the group. Sponsorship can be made via: <https://www.justgiving.com/fundraising/HCPT-Group144-sponsoredwalk>

**Religion is a way of walking,  
not a way of talking**

**Forthcoming Dates**

Sister Avril's Reflection ..... 28th March  
First Friday Devotions..... 7th April  
Easter Sunday..... 16th April  
Parish Council ..... 4th May  
First Communion ..... 6th, 13th, 20th May  
Confirmation..... 9th, 10th, 17th May  
Parish AGM..... 6th July

**Stations of the Cross**



**Sundays of Lent at 17.00**

*We adore you, O Christ, and we praise you,  
because by your Holy Cross, you have redeemed the world*

**CAFOD**

CAFOD invites us to fast on Friday 10th March and contribute the money saved to support their projects in the developing world. There will be a second collection for this purpose next Sunday, 12th March. Our parish CAFOD representatives will tell us a little bit more about Florence in talks at all Masses this weekend.

**Thanksgiving Mass for the Sacrament of Matrimony  
Saturday 3rd June at 15.00**

The Cardinal would like to invite to the Cathedral, those couples in the Diocese who are celebrating their 10th, 25th, 30th, 40th, 50th, 60th and 60th+ wedding anniversary of Catholic Marriage in 2017. Please give your names, wedding date, address and email or telephone number to the parish office by Friday 17th March so that we can apply for an invitation for you. See notice board for details.

**Parish Development Fund**

Bingo raised £266 and the coffee morning raised £234 making a total of £500 raised for the Parish Development Fund. Many thanks for your continued support.

**Family Bingo**

The next Family Bingo will be on Friday 24th March at 19.30, in aid of the Parish Development Fund. Donations of gifts for prizes would be much appreciated.

**Baptism Preparation Course**

Next Sunday 12th March after the 09.30 Mass in the Catechist's Office.

**All people smile  
in the same language**

**Last Week's Offertory Collection**

Sunday 26 February £3,101. Many thanks.

**Second Collections**

12th March CAFOD Lent Fast Day, 14th April Holy Places

**Counting Group**

Today Group 5: Next Sunday Group 6.

**Church Cleaning**

Thursday 9th March, Group 1, 11.30 – 12.30.

**Extraordinary Ministers of the Eucharist Rota**

**5th** Sat 18.00 G Teague, S Mantio, T Kinsella; Sun 8.15 M Correa, R Yep, T Drew; 9.30 J Donohue, P Horne, J Fay; 11.00 G Simpungwe, 12.30 A Jervis, J Conneely; 18.00 E McCarthy, A Arrigo. **12th** Sat 18.00 G Teague, C D'Souza, S Mantio; Sun 8.15 E D'Souza, M Correa, R Yep; 9.30 J Donohue, P Horne, J Fay; 11.00 I Walker, M Kelly; 12.30 J Conneely; 18.00 E McCarthy, A Arrigo.

**Readers' Rota**

**5th** 18.00 J Moore; Sun 8.15 A Yep, B Adeboye; 9.30 A Avenia-Viney; 11.00 M Kelly, F Ejiolor; 12.30 M Coyle; 18.00 E Amexo. **12th** 18.00 A Goldwyn; Sun 8.15 E Amalathas, E Arjune; 9.30 A Avenia-Viney; 11.00 F Ejiolor; 12.30 M Coyle; 18.00 P Arrigo.

**Recently Deceased**

*Eileen Whelan* (wife of Idwal). Funeral: Monday 6th March at 10.00 followed by cremation at West Herts Crematorium.

*Philip Sullivan* (brother of Maureen Mullarkey) died in Ireland. Funeral has taken place.

*May they rest in peace*